

**Breakfast Menu**  
**Served 09:00am**  
**to 11:30am**

**Full English Breakfast**

**£7.95**

2 rashers of bacon, 2 Farnsworth's sausages, black pudding, hash brown, grilled tomato, baked beans, choice of egg, mushrooms and a slice of toast

**Lighter Breakfast**

**£4.50**

1 rasher of bacon, 1 Farnworth sausage, choice of egg, mushrooms and a slice of toast

**Vegetarian Breakfast**

**£7.95**

2 vegetarian sausages, 2 hash browns, grilled tomato, baked beans, choice of egg, mushrooms and a slice of toast

Additional breakfast items are available

**Breakfast Sandwich**

**£3.50**

Served on a toasted white bap or toasted brown or white bread

Choose from: 2 rashers of bacon, 2 Farnsworths sausages, 2 fried eggs or 2 vegetarian sausages

**Lighter Breakfast Options**

**Toast**

**£1.00**

2 slices, white or brown

**Fruit Teacake**

**£1.50**

**Yoghurt**

**£1.50**

**Granola**

**£2.75**

**Yoghurt and fruit**

**£3.50**

**Lunch Menu**  
**Served 11:30am**  
**to 2:00pm**

**Main Courses**

**All £9.75**

**Fish Pie**

Smoked Haddock, white fish and salmon in a white sauce, topped with mashed potato and served with seasonal vegetables

**Cafe Retreat**

**Cheese and Onion Pie**

Served with fries and salad garnish or baked beans

**House made Minced Beef and Onion Suet Pudding**

Served with fries, gravy and mushy peas

**Vegetable and Bean Chilli**

Served with rice and garlic bread

**Slow braised chicken**

in a white mushroom cream sauce, on a bed of mash potato and served on a bed of seasonal vegetables

**Specials**

Please check the board for today's specials

**Sides**

**£2.75**

French Fries

Potato Wedges

Mashed Potato

Side Salad

**Lunch Bites Menu**  
**Served 11:30am**  
**to 2:00pm**

**Sandwiches**

**£4.25**

On white or brown bread and served with a salad garnish

Choose from one of the following fillings: egg mayonnaise, tuna mayonnaise, roast chicken, cheese, roast ham

Prawns in marie rose sauce **additional £1.00**

**Hot Sandwiches**

**£6.25**

Served on ciabatta and accompanied by salad garnish and crisps

Choose from one of the following: grilled peri peri chicken with mayonnaise and rocket leaves or bacon, cheddar cheese and sweet chilli or mozzarella and tomato and rocket leaves

**Toasties**

**£4.25**

Choose from one of the following fillings: cheese and onion or tomato, tuna mayonnaise or ham

**Salad Bowl**

**£6.25**

Choice of ham or roast chicken, tuna mayonnaise or cheese

Prawns - **additional £2.00**

**Soup of the Day**

**£3.50**

Please ask

served with a homemade bread roll and salted butter

**Jacket Potato**

**£5.90**

Choose from cheese, tuna mayonnaise or baked beans

Beef chilli or Prawns **additional £2.00**

Served with salted butter and salad garnish

**Children's Menu**



**Miniature Breakfast**

**£3.50**

1 bacon, 1 Farnsworth sausage and a choice of egg, baked beans, a slice of toast

**Lighter Breakfast**

**£2.50**

Baked beans on toast or Nutella and strawberries on toast

**Fresh fruit**

**£2.00**

**Yogurt**

**£1.00**

**Main Courses**

**All £4.95**

**Sausage**

served with gravy, vegetables, mashed potato or fries

**Fish fingers**

served with fries and garden peas

**Chicken goujons**

served with fries and baked beans

**Salad bowl**

**£3.95**

Choose from roast chicken, ham, tuna mayonnaise or cheese

**Mini sandwich**

**£1.95**

Choose from one of the fillings: Roast chicken, roast ham, tuna mayonnaise or cheese

**Mini Jacket potato**

**£2.95**

Half a jacket potato served with a choice of baked beans, cheese or tuna mayonnaise

**Drinks and Desserts**

**Desserts**

**£4.50**

**Sticky toffee Pudding**

with vanilla ice cream and toffee sauce

**Café Retreat Knickerbocker Glory**

Including red berry compote, chocolate brownie, whipped cream and mini caramel wafer

**Fruit Crumble**

Served with custard or vanilla ice cream

**Ice Cream Selection**

Please also check the board for today's special

**Children's desserts**

**£2.50**



Selection of Ice cream or Mini doughnuts and chocolate sauce

**Hot drinks**

**£2.00**

Cappuccino

Espresso

Cafe Latte

Hot Chocolate

Mocha

Pot of Tea

Fruit Tea

**Cold drinks**

**£1.50**

Fruit juice

Glass of milk

A selection of children's drinks available

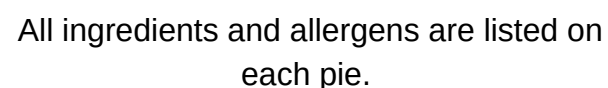
**For Allergen information and other services by Cafe Retreat, please see overleaf**

## Allergen information

If you have any queries please do not hesitate to ask and we hope to see you many times in the future.

 **Cafe Retreat**  **@caferetreat\_elh**

## Life of Pie



## Event Catering

Want to find out more?  
Speak to a member of our team,  
or give us a call - 01254 965862 or email -  
[Lee.Hyatt@eastlancshospice.org.uk](mailto:Lee.Hyatt@eastlancshospice.org.uk)



## Volunteering

If you have a few hours a week to spare and would like to donate your time to help any of our services either at the hospice, in our retail shops or out in the community, please speak to a member of staff or visit our website to find out more - [www.eastlancshospice.org.uk](http://www.eastlancshospice.org.uk)  
Or give us a call - 01254 965830

