Breakfast Menu Served 09:00am to 11:30am

Lunch Menu Served 11:30am to 2:00pm

Lunch Bites Menu Served 11:30am to 2:00pm



Drinks and Desserts

Full English Breakfast £7.95

2 rashers of bacon, 2 Farnsworth's sausages, black pudding, hash brown, grilled tomato, baked beans, choice of egg, mushrooms and a slice of toast

Lighter Breakfast £4.50

1 rasher of bacon, 1 Farnworth sausage, choice of egg, mushrooms and a slice of toast

Vegetarian Breakfast £7.95

2 vegetarian sausages, 2 hash browns, grilled tomato, baked beans, choice of egg, mushrooms and a slice of toast

Additional breakfast items are available

Breakfast Sandwich £3.50

Served on a toasted white bap or toasted brown or white bread
Choose from: 2 rashers of bacon, 2

Farnsworths sausages, 2 fried eggs or 2 vegetarian sausages

Lighter Breakfast Options

Toast

£1.00

2 slices, white or brown

Fruit Teacake

£1.50

Yoghurt

£1.50

Granola

£3.50

£2.75
Yoghurt and fruit

Main Courses All £9.75

Fish Pie

Smoked Haddock, white fish and salmon in a white sauce, topped with mashed potato and served with seasonal vegetables

Cafe Retreat Cheese and Onion Pie

Served with fries and salad garnish or baked beans

House made Minced Beef and Onion Suet Pudding

Served with fries, gravy and mushy peas

Vegetable and Bean Chilli

Served with rice and garlic bread

Slow braised chicken

in a white mushroom cream sauce, on a bed of mash potato and served on a bed of seasonal vegetables

Specials

Please check the board for today's specials

Sides £2.75

French Fries
Potato Wedges
Mashed Potato
Side Salad

Sandwiches £4.25

On white or brown bread and served with a salad garnish

Choose from one of the following fillings: egg mayonnaise, tuna mayonnaise, roast chicken, cheese, roast ham

Prawns in marie rose sauce additional £1.00

Hot Sandwiches

£6.25

Served on ciabatta and accompanied by salad garnish and crisps

Choose from one of the following:
grilled peri peri chicken with mayonnaise and
rocket leaves or bacon, cheddar cheese and
sweet chilli or mozarella and tomato and
rocket leaves

Toasties £4.25

Choose from one of the following fillings: cheese and onion or tomato, tuna mayonnaise or ham

Salad Bowl

£6.25

Choice of ham or roast chicken, tuna mayonnaise or cheese

Prawns - additional £2.00

Soup of the Day £3.50

Please ask

served with a homemade bread roll and salted butter

Jacket Potato £5.90

Choose from cheese, tuna mayonnaise or baked beans

Beef chilli or Prawns additional £2.00

Served with salted butter and salad garnish

Miniature Breakfast £3.50

1 bacon, 1 Farnsworth sausage and a choice of egg, baked beans, a slice of toast

Lighter Breakfast

£2.50

Baked beans on toast or Nutella and strawberries on toast

Fresh fruit

£2.00

Yogurt

£1.00

Main Courses

All £4.95

Sausage

served with gravy, vegetables, mashed potato or fries

Fish fingers

served with fries and garden peas

Chicken goujons

served with fries and baked beans

Salad bowl

£3.95

Choose from roast chicken, ham, tuna mayonnaise or cheese

Mini sandwich

£1.95

Choose from one of the fillings:
Roast chicken, roast ham, tuna mayonnaise
or cheese

Mini Jacket potato £2.95

Half a jacket potato served with a choice of baked beans, cheese or tuna mayonnaise

Desserts £4.50

Sticky toffee Pudding

with vanilla ice cream and toffee sauce

Café Retreat Knickerbocker Glory

Including red berry compote, chocolate brownie, whipped cream and mini caramel wafer

Fruit Crumble

Served with custard or vanilla ice cream

Ice Cream Selection

Please also check the board for today's special

Children's desserts 🧟 👨

£2.50

Selection of Ice cream or Mini doughnuts and chocolate sauce

Hot drinks £2.00

Cappuccino
Espresso
Cafe Latte
Hot Chocolate
Mocha
Pot of Tea
Fruit Tea

Cold drinks

£1.50

Fruit juice

Glass of milk

A selection of children's drinks available

Allergen information

Life of Pie

Event Catering

Volunteering

We believe that every person should be able to enjoy dining with us.

Should you have any allergies or intolerances or would like to know the exact ingredients in any of our dishes, then do please ask any member of staff, who will be happy to talk it through with you what each dish contains.

We at Cafe Retreat will make every effort to adapt or create dishes that are suitable to an individual's needs.

However as our dishes are prepared in an open kitchen environment, despite our best efforts we cannot guarantee that our foods will be 100% allergen free, so may not be suitable for people with severe allergies.

Please check with a member of the team about Allergen Information every time you visit, as ingredients may have changed since your last visit.

If you have any queries please do not hesitate to ask and we hope to see you many times in the future.

> Please follow us on social media for up coming events at Cafe Retreat





@caferetreat_elh



Why not pop one of our delicious pies into your oven at home and enjoy a cook free day with all the homemade taste!

Choose from:

Cheese & Onion **Plate Meat Pie** Chicken, Leek & Mushroom £7.95 per pie

4 for £30

Each pie serves 4-6 people and can be frozen.

To order your pie with us, we require 24 hours notice. Please ask a member of staff or take a note of our number to order at your convenience - 01254 965862

All ingredients and allergens are listed on each pie.

Café Retreat caters for all occasions including birthday parties, christenings, funerals, meetings and anniversary celebrations.

We have a range of buffet menus for all tastes and budgets, so let us take the stress out of your event whilst you enjoy our glorious food.

All proceeds go straight back into East Lancashire Hospice.

Food will be freshly cooked and presented on display platters, each buffet will come with disposable plates, cutlery, napkins and the buffet menu (which we will display with listed allergens).

Want to find out more? Speak to a member of our team, or give us a call - 01254 965862 or email -Lee.Hyatt@eastlancshospice.org.uk



We are currently recruiting for volunteers to help within all areas of East Lancashire Hospice.

Our volunteers are a valued and an essential part of the hospice team, they commit to support us in delivering services.

We value volunteers, providing training, support and guidance to use their experience and learn new skills. It's a great way to meet new people, gain experience and most importantly to help our patients in making the most of life.

If you have a few hours a week to spare and would like to donate your time to help any of our services either at the hospice, in our retail shops or out in the community, please speak to a member of staff or visit our website to find out more www.eastlancshospice.org.uk Or give us a call - 01254 965830

