

FUNDRAISING WHAT'S ON GUIDE



SPRING / SUMMER 2024



East Lancashire
Hospice

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CELEBRATING 40 YEARS OF CARING FOR OUR COMMUNITY



Join us as we celebrate 40 years of East Lancashire Hospice. For four decades we've worked with our local communities to care for those with life-limiting illnesses in Blackburn, Darwen, Hyndburn and the Ribble Valley.

Without your support, we wouldn't have been able to care for the **2000+** patients that we supported in the past year. Annually, it costs East Lancashire Hospice more than **£4 Million** to provide our services to our community free of charge. Each year, more than **two thirds of our funding is dependent on fundraising efforts** from our local community, support from local businesses and events detailed in this guide.

To ensure another 40 years of care and support for those with life-limiting illnesses, **we need your help**. There are various ways you can contribute to your local hospice: attend the events listed in this guide, organise your own fundraising event, make a donation, participate in our lottery, or consider leaving a lasting legacy by including the hospice in your Will. **Your support ensures the longevity of East Lancashire Hospice.**



AT A GLANCE

WHAT'S ON GUIDE SPRING/SUMMER 2024



Fire & Lego Walk
Thursday 23rd May



Sky Dive
Saturday 15th June



Ribble Valley Pub Walk
Saturday 22nd June



Sunflower Memory Garden Event
Sunday 14th July



Morecambe Bay Walk
Saturday 27th July



Bikes & Breakfast
Sunday 4th August



World Gravy Wrestling
Monday 26th August



Walk With Our Nurses
Saturday 7th September

MAY

JUNE

JULY

JULY

AUGUST

SEPTEMBER



15TH JUNE SKY DIVE



Are you brave enough to take the plunge?

Feel the rush as you embark on an exhilarating adventure, soaring from the sky, and reaching new heights of up to 15,000ft in aid of East Lancashire Hospice!

In the trusted arms of Black Knights Parachute Centre, their trained, professional skydive instructors will be with you every step of the way. Your courageous jump will not only provide you with an adrenaline rush but will also raise vital funds to ensure continued patient care.

Location: Black Knights Parachute Centre (Hillam Lane, Cockerham, Lancaster LA2 0DY)

Time: 8:30am or 11:30am

Price: £50 with a minimum donation of £450 | OR £250 with a minimum donation of £250

To find out more information or for details on how to register - visit our website!

23RD MAY

FIRE & LEGO WALK



Are you ready to feel the heat?

Brave the fiery coals as you walk across a bed of hot embers for East Lancashire Hospice - let the adrenaline rush fuel your determination as you conquer our annual Fire Walk!

For the little ones (and the young at heart), we present the Lego Walk. Experience the discomfort as you tread upon scattered Lego bricks.

**Please note - participants MUST be over the age of 14 years to take part in the Fire Walk and over the age of 5 years to take part in the Lego Walk.*

Location: East Lancashire Hospice Gardens
(Park Lee Road, Blackburn, Lancashire, BB2 3NY)

Time: 6:30pm

Price: Fire Walk £25 | Lego Walk £15

To find out more information or for details on how to register - visit our website!



22ND JUNE

RIBBLE VALLEY PUB WALK

Cheers for Charity!

Grab your walking boots and embark on a scenic stroll through the Ribble Valley! With every pint and every step, you'll be making a meaningful difference to the lives of those with life-limiting illnesses in Blackburn, Darwen, Hyndburn and the Ribble Valley.

Gather your friends, family, and furry companions for a day of fun, with live DJs and a party atmosphere back at Holmes Mill when you cross the finish line!

Location: Hansons Cement - Heidelberg Materials Cement (Ribblesdale Works, West Bradford Road, Clitheroe BB7 4QF)

Time: 10:00am

Price: Adult £20

To find out more information or for details on how to register - visit our website!



14TH JULY

SUNFLOWER MEMORY GARDEN EVENT



Celebrate cherished memories at our Sunflower Memory Garden event!

Sunflowers with their bright and uplifting appearance symbolise hope, adoration and the strength to withstand challenges. In our memory garden, the sunflowers represent cherished memories between you and your loved ones.

Join us in celebration as we plant the sunflower plaques in the hospice gardens or choose to have your sunflower plaque sent home for a lasting tribute. Enjoy live music, singing, stalls and refreshments.

Location: East Lancashire Hospice Gardens (Park Lee Road, Blackburn, Lancashire, BB2 3NY)

Time: 2.00pm - 4.00pm

Price: £8 suggested donation per sunflower plaque

To find out more information or for details on how to register - visit our website!



27TH JULY

MORECAMBE BAY WALK

Embrace the Coastal Beauty of Morecambe Bay!

Walk along the shimmering shores of Morecambe Bay, taking in the breathtaking views and the sea breeze of the tranquil Irish Sea. Connect with fellow walkers as you walk from Arnside to Grange-over-Sands - where every step supports compassionate care for those in need.

Whether you're an experienced hiker or a leisurely stroller, the Morecambe Bay Walk offers a route suitable for all fitness levels. Families, friends, and furry companions are all welcome to join in the adventure!

Location: Arnside, Morecambe Bay (Postcode to be confirmed)

Time: 8:30am

Price: Adult £20 | Dog £2

To find out more information or for details on how to register - visit our website!



4TH AUGUST

BIKES & BREAKFAST



Rev your engines and fuel up for our Bikes & Breakfast event!

Prepare for an exhilarating morning of two-wheeled fun at our Bikes & Breakfast Event, where motorbikes and scooters take centre stage in the Britannia Car Park! Feast your eyes on an impressive display of motorcycles and scooters - from vintage beauties to sleek modern machines, there's something for every bike enthusiast to admire.

If you own a motorbike or scooter and would like to show off your wheels please come along and join in the fun. Get up close to some of your favourite bikes and scooters, browse through our Biker pop-up shop, indulge in treats from the ice-cream van and BBQ, participate in our raffle, and savour refreshing beverages.

Location: Britannia Tap & Grill (Haslingden Old Rd, Oswaldtwistle, Accrington BB5 3RJ)

Time: 11:00am - 2.00pm

Price: Donation on entry

To find out more information or for details on how to register - visit our website!



BRITANNIA
TAP & GRILL

26TH AUGUST

WORLD GRAVY WRESTLING CHAMPIONSHIP

It's all gravy!

It's time to put on your wildest costumes, dive into a pool of delicious gravy, and compete in one of the World's craziest culinary competitions - a wild and whacky wrestling competition in a pool full of Lancashire Gravy! Competitors from far and wide will go head-to-head in a series of hilarious and exhilarating gravy wrestling matches. Expect flips, flops, and plenty of slippery shenanigans as contestants wrestle for victory.

Come along for a family fun day out, with lots for the kids to do and spectate. If you'd like to take part and wrestle, please visit worldgravywrestling.com

Location: The Rose N Bowl (264 Newchurch Rd, Stacksteads, Bacup OL13 0UG)

Time: 12:00pm

Price: Spectating Adult £2.50 | Spectating Child £1.50

To find out more information or for details on how to register - visit our website!



7TH SEPTEMBER

WALK WITH OUR NURSES

Walk in our nurse's shoes!

At East Lancashire Hospice our nurses never stop, and on average walk 15,000 steps per day. We're extremely grateful for our team of incredible nurses and this event will give you an insight into a day in their shoes! Walking side by side with our wonderful nurses, you'll take a step into their world and the profound impact they have on the lives of our patients and their families. You can take part in this event two ways:

1. In person - walking at the event with our nurses (you will receive a t-shirt & medal)
2. Virtually - walk 15,000 steps per day during September and raise sponsorship money (once completed you will receive a certificate & medal in the post)

Location: East Lancashire Hospice (Park Lee Road, Blackburn, Lancashire, BB2 3NY)

Time: 6.00pm

Price: In person £25 | Virtually £15

To find out more information or for details on how to register - visit our website!



Looking to hold your own fundraising event?

Ready to unleash your fundraising potential? Have an idea you need help turning into reality? We can help!

Get in touch with our Fundraising Department today to explore ideas, gain inspiration, and embark on your journey to making a positive impact. Whether you're a seasoned fundraiser or a complete beginner - we're here to support and guide you every step of the way.

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