

# Keep fit, have fun and raise money for East Lancashire Hospice

Sunday 8th May: Walk 4 Your Charity

(organised by Church and Oswaldtwistle Rotary Club) 7 mile sponsored walk starts and finishes at Junction 7 Industrial Estate.

www.eastlancshospice.org.uk, call 01254 733410

Sunday 22nd May: Family Fun Day

(organised by Blackburn Borough Rotary Club) 4 mile walk in Blackburn's Witton Park.

www.eastlancshospice.org.uk call 01254 733410

17th to 19th June: Great North Swim in Lake Windermere. Visit www.greatswim.org for more details and to register

#### Sunday 10th July: Manchester to Blackpool Bike Ride.

Take part in this 60 mile bike ride from Old Trafford, Manchester to South Promenade, Blackpool.

www.bike-events.com

#### Sunday 14th August:

#### Walk for All Yorkshire Dales Walking Festival.

Choose your distance – 26 mile, 14 mile or 5 mile family friendly walk. A 4<sup>1</sup>/<sub>2</sub> mile accessible route is available for those with mobility restrictions

www.eastlancshospice.org.uk, call 01254 733410

#### Sunday 18th September: Morecambe Bay Walk.

Join us once again on what has been described as one of the world's most wonderful journeys with the Queens Official Guide, Cedric Robinson on this 8 mile walk from Arnside to Kents Bank. www.eastlancshospice.org.uk call 01254 733410

Sunday 9th October: Liverpool Marathon.

Visit www.runliverpool.org.uk for more details or to register

## REGISTER NOW...

www.eastlancshospice.org.uk

..to receive regular e-newsletters and to keep updated with all the latest news and events

### A Night With The Stars

Compere and comedian, Des Day has arranged a host of charity shows across the country and on 14th April the Blackburn, Thwaites Empire Theatre, will be hosting 'A Night With The Stars' in aid of East Lancashire Hospice.

Des is an all-round performer who has been in show business for over 30 years and is nephew of Lancashire comic and impresario Jack Story who staged numerous end of the pier shows at Blackpool and St Annes.

Headlining on the night will be Classic Duo who have performed in the West End and completing the line-up, entertainer Scott Rhodes, magic act Brian Sefton, guitar vocalist Dave Reed, Vocalist Michael Berry and of course Des Day.

Tickets priced at £10 are available from Live @ Thwaites Empire Theatre, telephone 01254 685500 or visit the website at www.thwaitesempiretheatre.co.uk. The box office is open 10am to 4om

The show starts at 7.30pm, doors open at 6.30pm

## **Charity Night for East Lancashire Hospice**

Saturday 11th June at St Michael and St John Social Centre, Lowergate, Clitheroe

Starring Miss Sugar Plum (International Drag DJ) plus Alan Hurst is Elvis (Performing Elvis and also a Tribute to the Legends)

Tickets only £6 with proceeds going to East Lancashire Hospice Contact Liz on 01200 427294 to purchase tickets

Thank you to the companies who have supported this newsletter...

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...and thank you to all our past, present and future supporters

#### East Lancashire Hospice,

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Email: jacqueline.lord@eastlancspct.nhs.uk

Check out our A-Z of fundraising tips and ideas visit our website www.eastlancshospice.org.uk

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East Lancashire

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East Lancashire Hospice

Newsletter, Issue (4) Spring 2011

www.eastlancshospice.org.uk

# news Letter...



We have now launched our new website that will keep you up to date with all the latest news and events and also to provide information about the Hospice and its services- and it's all thanks to Brick Technology of Blackburn.

Brick has tailored the website to our requirements and you will now be able to register for events online such as the Starlight Walk, Walk 4 Your Charity, Light Up A Life as well as purchase lottery gifts and Christmas cards.

Register now at www.eastlancshospice.org.uk to receive regular e-newsletters and to keep updated with all the latest news and ever

THANK YOU BRICK!

#### For the comfort of our patients

Last year we were very pleased to receive a grant towards the cost of the work that is currently being carried out in the Hospice to upgrade the facilities and make our patients more comfortable.

The upgrading has included adding en suite facilities to all bedrooms, making rooms larger and enabling families and carers to stay. Doors have been made wider to enable beds to be taken into the garden for patients who are unable to get out of bed.

More than half of the rooms in the Inpatient Unit have now been completed and the remaining are set to be complete within the next few months.

Thank you to all who contributed to our 'Wish List' to provide items for those areas. Items that are still available can be viewed on our website at www.eastlancshospice.org.uk

Did you know? +

You can now register online for the 2011 Starlight Walk - visit the website at www.eastlancshospice.org.uk

East Lancashire Hospice

a special way of caring

Registered Charity: 1075653

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# What the Hospice means to me...



#### **Gregg Barratt, Patient**

If I could sing, I would sing I could sing, I would but loud when I am in the



Kerry Croak, granddaughter of former patient Jimmy Allan

All the time my grandpa was in he Hospice, we had some great times and made some great





Lana Scott

A shelter that is surrounded with love, comfort and peace

#### Irene Sheffield, Nurse

It's a place where a group of dedicated individuals work together to ensure the holistic needs of terminally ill patients and their significant others are met, in an environment that is warm, welcoming, calm and friendly



#### Lyn Stevenson, Chief Executive

The Hospice is like a port in a storm for patients and their families, as we travel with them through their journey of life providing care and support when they most need it



### Chairman of the Trustees

Since qualifying as a doctor over 50 years ago, I have seen the care of the terminally ill patient completely transformed by hospice care. I therefore consider it a privilege to serve the Hospice as a trustee

## **New shop opening**

By the time you read this we will have opened our fifth East Lancashire Hospice shop in Great Harwood town centre. We have had a fantastic response for volunteers from the Great Harwood area to help run the shop and these volunteers will join the other 100 dedicated and hard working volunteers who work in our shops and give in excess of 320 hours of work each and every week. The shop volunteers help in all areas of running the shops and without them the shops wouldn't raise the money for the Hospice that they do. Pop into one of our shops and you'll get a warm welcome from our volunteers and might just pick up a bargain at the same time!

All of the shops rely on donations from people such as you to make them a success; What do you do with clothing (men's, ladies or children's), household items, bric-a-brac and furniture that you no longer use or want? It's items such as these that we sell in our shops and we are always looking for more donations – if you can help then please drop your donations off at any of our shops or at our Warehouse in Brunswick Street, Blackburn, which has plenty of free parking right outside. If you have a large amount of donations ring Steven in our Warehouse on 01254 680520 and he'll arrange for one of our drivers to collect it from you. When you donate furniture we can claim Gift Aid on it which makes your donation worth 25% more to the Hospice.

Peter Street and Maragret Evans

#### Have you got a few hours to spare?

We are currently looking to expand our shops even further and are looking for volunteers to drive the Hospice van and help the van driver with collecting donations - if you can help please contact Dawn Neary on 01254 733412 or email dawn.neary@eastlancspct.nhs.uk

#### **East Lancashire Hospice Shops**

Accrington - Whalley Rd, tel: 01254 234357 Blackburn - Railway Rd, tel: 01254 633613 Clitheroe - Moor Lane, tel: 01200 428798 Great Harwood - Queen St, tel: 01254 829777 Blackburn Furniture Warehouse, tel: 01254 680520



## Masquerade Ball

Volunteer Margaret Evans organised a stunning evening at the Mitton Hall Hotel and Country Club to raise money for the East Lancashire Hospice. Guests on the evening were entertained by Jim Bowen of Bullseye fame and international singer Mike Pidone with the generous support of The Cardboard Box Company.

The evening was a great success and raised £2753. Thank you to Margaret and Peter Street for a wonderful evening.



## **MARATHON MAN**

panel of judges to be awarded a place in the 2011 Virgin London Marathon to run on behalf of East Lancashire Hospice

For the first time. East Lancashire Hospice was delighted to have been awarded a silver bond place for the 2011 London Marathon and Hospice supporters were invited to apply for the place.

A panel of judges chose Jason from the number they received due to his running ability and the amount of money he has raised for charity in the past.

Jason from Trevor Dawson Chartered Surveyors has taken part in many charity events in the past, one involving setting a world record for the longest cricket run-up in history - 1.6 miles!

If you would like to support East Lancashire Hospice you can sponsor Jason via his Justgiving page at www.justgiving.com/Jason-Rawson.

### 107 The Bee DJ's go to great lengths to raise money for us – 107 to be precise!

Paul Winstanley and Martin Cooper of 107 The Bee have gone to great lengths to raise money for the Hospice, and Martin Cooper did exactly that. Late last year, Martin Swam 107 lengths of Darwen Sports Centre Swimming Pool to bring Christmas cheer to the Hospice and provide decorations to trim the Hospice during the festive season. Paul has previously walked 107 miles and between them with the help of the radio station they have raised £1674 in addition to help us to fundraise through Show Your Knees For Nigel, Car Raffle plus much, much more.

Calvin Howard, Chaplain

a warm friendly environment at a

A refuge where the patient finds

difficult time in their lives

#### Help the Hospice to save money by providing us with your time

Just like Millers UK Equipment Specialist, Clayton le Moors Business Park who are providing a free catering service to the Hospice and also to Brushstrokes Painter and Decorator Service for free painting services for the Hospice and to our many other volunteers and supporters - we couldn't do it without you.



www.eastlancshospice.org.uk